

## BRUNCH

### Fruit Plate (Ve) (GF) - 6.95

Fresh banana, strawberries, apple, grapes, melon & kiwi served with yoghurt or ice cream or warm nutella

### Granola Bowl V (Ve) - 4.95

Granola, yoghurt, strawberries, blueberries & raspberries & a little compote to finish

### Porridge (GF) 4.95

With strawberries, blueberries & raspberries & compote (1.00 supplement for GF)

### Regular Full Breakfast (GF) - 9.45

2 bacon, 1 sausage, fried egg, mushrooms, hash brown, beans & toast (GF replaces toast with hash)

### Bigger Full Breakfast - 13.95

2 bacon, 2 sausage, 2 fried eggs, mushrooms, 2 hash browns, black pudding, beans, toast

### Veggie / Vegan V (Ve)(GF) - 9.45

Veg sausage, 2 free range fried eggs, 2 hash browns, mushroom, beans, toast (vegan replaces eggs with grilled tomato) (GF replaces sausage with avo)

### Toast V (Ve) - 4.55

Two free range eggs/beans/cheese on two thick white or wholemeal slices of toast

### Avocado on Toast Ve 7.95

Sourdough toast with guacamole, sliced avocado & tomato salsa. Add a poached egg for 1.40

### Pancakes & berries (Ve) - 8.95

Triple stack buttermilk pancakes with fresh berries, coconut yoghurt & maple syrup

### Chorizo Hash Sizzler (GF) (V) (Ve) - 9.15

Roasted potatoes and chorizo, with a chunky tomato, pepper & onion sauce and a fried free range egg (V with no chorizo, Ve with no egg or chorizo)

### Free Range Eggs Benedict - 8.95

Crusty sourdough toast topped with two back bacon, poached eggs & hollandaise

### Shakshuka V (Ve) (GF) - 6.95

North African inspired eggs and smoky, spiced, chunky tomato sauce bowl topped with a poached egg. Bread on the side

### Bacon / Sausage Sarnie (Ve) (GF) - 5.25

Served on thick white or wholemeal bread (GF 1.50 supplement)

### Toast & Preserve Ve - 2.95

Two thick slices of white or wholemeal toast, with jam or marmalade

### Toasted Fruit Teacake Ve - 2.95

### Small Breakfast - 6.95

Sausage, bacon, egg, beans, toast

## M'EATING POINT MENU

Served all day until 16:30

## SANDWICHES

All on thick white or brown bread (GF bun available for +1.50)  
Served with balsamic glazed leaves & tomato or coleslaw

### Tandoori (Ve) (GF) - 6.95

(Cold) Tandoori chicken or onion bhaji, slaw & spiced mango mayonnaise (bhaji is not GF)

### Falafel Ve - 6.95

Warm pressed falafel with red peppers, crunchy iceberg lettuce, onion and houmous

### Southern Fried Chicken - 5.95

Crispy sliced southern fried chicken with chipotle spiced salsa & iceberg lettuce

### Tuna Mayo (GF) - 5.95

Classic tuna mayo with cucumber and lettuce on thick sliced bread

### Ham & Coleslaw (GF) - 5.25

Hand cut gammon ham with a little lettuce, tomato & coleslaw. No coleslaw? No problem!

## TOASTIES

All on thick white or brown bread (GF NOT available).  
Served with balsamic glazed leaves with tomato or coleslaw

### Cheese V - 4.50

Classic mature cheddar with a little mozzarella to bind everything together

### Hand Cut Ham & Cheese - 5.25

Hand cut gammon ham with lots of cheddar and mozzarella

### Philly Beef - 7.25

Shredded beef, cheese, lettuce, tomato, onion, red pepper & crispy onion

### Brunch Extras / Create Your Own

Bacon 2.00, sausage 2.50, veg sausage 2.40, fried egg 1.40, poached egg 1.40, scrambled eggs 2.80, hash brown 1.00, mushrooms 1.80, beans 1.50, tin tomatoes 1.50, toast 1.20, fried bread 1.20, black pudding 1.50, guacamole portion 3.20, sliced avocado 2.50, hollandaise 2.10, maple syrup 1.50, gluten free roll 1.50

## SOUPS

Please see our specials board

## PASTA

Make your choice of homemade base, then add your choice of extras & finishing touches (Gluten Free pasta available for 1 supplement)

#### 1) Pick your sauce

Tomato & Basil (Ve) (GF) - 7  
Beef Bourguignon - 9.75  
Arrabbiata (Ve) - 7.50  
Beef Bolognese (GF) - 8.95

#### 2) Pick a pasta type

Rigatoni (big tubes)  
Spaghetti  
Gnocchi  
Penne (GF +1.00)

#### 3) Cheese on top

Cheddar - 1.00  
Mozzarella - 1.00  
Both - 1.00  
Sheeze (Ve) - 1.00

#### 4) Meaty extras

Chicken - 1.50  
Bacon - 1.50  
Chorizo - 1.50  
Guanciale - 1.50

#### 4) Veggie extras

Cherry Tomatoes - 1.00  
Roasted Peppers - 1.00  
Fried Onions - 1.00  
Olives - 1.50

#### 5) Oil to finish

Chilli oil  
Garlic oil  
Basil oil  
Truffle oil

### Garlic Bread Slice V - 1.00

## CLASSICS

### Cottage Pie (no sides) - 8.35

Homemade minced beef & vegetables topped with mashed potatoes & cheese.

### Ham Egg & Chips (GF) - 7.65

Thick hand cut gammon ham, one free range egg and thick cut chips

### Sausage & Mash (V) or (GF) - 7.95

Two premium pork, or 3 veg sausages, onion gravy & mashed potatoes (veg sausages are not gf)

## CHILDREN'S MENU

We have a separate menu of meal deals for little people, so please ask

## JACKET POTS

Served by themselves, add sides of your own choice from the list

### Cheese & Beans V (GF) (Ve) - 4.95

### Tuna Mayo (GF) - 5.95

### Beef Bolognese V (GF) - 8.75

### Beef Bourguignon - 8.95

## SMASH BURGERS

We make our own burger buns! Our beef burgers are 100% beef, minced by us from chuck & brisket beef cuts in house.

### Plain Jane (GF) - 6.50

Smashed beef. No salad, no sauce, no fuss

### The OG (GF) - 7.20

Smashed beef, MP sauce, relish, tomato, iceberg, onion

### MP Classic (GF) - 7.95

Smashed beef, bacon, cheese, fried onions, MP sauce, relish, tomato, iceberg

### Draig Coch - 8.00

Smashed beef with rarebit hot chili sauce, iceberg & onion

### Cluck - 8.00

Crispy chicken, bacon, cheese, MP sauce, relish, tomato, iceberg, onion

### Cali Chicken - 8.50

Crispy chicken filet, cheese, avocado & egg with MP sauce, relish, tomato, iceberg, onion

### Hill Farmer V (Ve)- 7.75

Juicy plant based patty with tomato, MP sauce, relish, tomato, iceberg, onion

### Thai Farmer V (Ve) - 7.75

Thai inspired chickpea, sweetcorn and red pepper patty with spiced relish, onion & lettuce

### Burger Extras

Beef 2.00, bacon 2.00, cheese slice 0.50, vegan cheese 0.50, fried onions 0.80, egg 1.40, veg patty 2.00, crispy chicken patty 2.50

## HOT DOGS

### Pork & Cheese - 7.95

Giant pork frankfurter with a cheesy filling. Served on a baguette with onions, ketchup & mustard

### Giant Veg Dog V (Ve) 7.95

Giant veggie hot dog. Served on a baguette with onions, ketchup & mustard

## SIDES

### Tater Tots (Ve) (GF) - 3.50

### Cheesy Bacon Tater Tots (GF) - 3.95

### Garlic Bread Slice (Ve) - 1.00

### Fries (Ve) (GF) - 3.25

### Cheesy Fries V (Ve) - 3.75

### Chips (Ve) (GF) - 3.25

### Side Salad (Ve) (GF) - 2.50

### Homemade Purple Slaw Pot (Ve) (GF) - 2.00

### Peas (Ve) (GF) - 1.00

### Veg Medley (Ve) (GF) - 2.00

## PREMIUM SIDES

### Chicken Strips - 5.50

### Halloumi Fries V - 5.75

### Beef Bourguignon Fries w/onions - 5.25

### Small Mac & Cheese V w/onions - 4.95

### Chicken Wings with sauce of choice- 5.50

### Hunters Dirty Fries w/onions - 5.25

### Pizza Fries V (Ve) (GF) - 4.95

### Salt & Pepper Fries (Ve) (GF) - 5.25

### Nachos (Ve) (GF) cheese sauce, guac & salsa - 5.95

## DESSERTS

### Nutella Crêpe V - 6.95

With ice cream & whipped cream plus nutella, banana & hazelnuts

### Fruit Crêpe V - 6.95

With vanilla ice cream, whipped cream plus fresh fruit & berries

### Chocolate Brownie V - 4.95

Homemade double chocolate brownie served with vanilla ice cream

### Winter Berry Crumble (Ve) (GF) - 4.95

### Apple Crumble (Ve) (GF) - 4.95

With cinnamon

Extras; add custard 1.50 / a scoop of vanilla ice cream 1.00 / scoop of vegan vanilla ice cream 1.00 / vegan cream 1.00

Key to symbols - V = vegetarian, Ve = vegan, GF = gluten free. (..) - on request.